

# CDM REGULATIONS



## Introduction

Construction is considered to be a high risk industry. CDM Regulations provide a single regulatory framework for the entire construction industry. Poor Health & Safety can result in fatalities, ill-health and loss of working days. This course will provide information to help staff identify risks and avoid the dangers during construction work.

## Course Overview

At the end of the course, trainees will be able to:

- » Identify what construction work is covered by CDM
- » Identify the various duty holders under the CDM Regulations
- » Recognise when F10 notifications are required
- » Distinguish between the roles and responsibilities of duty holders under CDM
- » Recognise measures that can promote safer construction work
- » Explain what documentation is used and when, to promote safer construction.

## Course chapters

### 1. An introduction to CDM

Learn about the CDM regulations, their aims and what they cover.

### 2. Responsibilities of duty holders

Discover who the duty holders are under CDM, their responsibilities and find out what work requires HSE notification.

### 3. Key documentation

Covers the construction phase plan and what must be included in the Health & Safety file.

## Who will it benefit?

This course will benefit all workers involved in the different aspects of construction work by enabling staff to understand how the CDM regulations can affect and relate to their responsibilities.

