

COSHH



Introduction

Hazardous substances can threaten short or long term health. There are thousands of accidents every year involving hazardous substances. This course is designed to raise awareness of the key points in the safe handling and use of hazardous substances that could harm you or your colleagues.

Course Overview

At the end of the course, trainees will be able to:

- Define what the COSHH regulations are
- Identify the hazards in your workplace
- Recognise the key exposure routes and describe exposure limits
- Understand the importance of Safety Data Sheets
- Understand how to use Personal Protective Equipment correctly
- Recognise the importance of monitoring and health surveillance.

Course chapters

1. Defining COSHH

In this section, we'll cover what COSHH is and who is affected by it, the responsibilities of employers' and employees', what is a hazardous substance and what is covered by the COSHH regulations.

2. Identifying Hazards and Assessing Risks

In this section, we'll cover the COSHH assessment and your role, the key steps of a COSHH assessment, Safety Data Sheets and how they help as well as hazard symbols.

3. Exposure and Control Measures

In this section, you'll cover the key exposure routes and workplace exposure limits. Preventing exposure, controlling exposure and control measures.

4. Personal Protective Equipment

In this section, you'll cover what Personal Protective Equipment is, the types of PPE and their correct uses.

5. Other Factors

In this section, we'll cover monitoring and health surveillance in the workplace, the need for information, training and instruction, as well as how to handle emergencies.

Who will it benefit?

This training course is suitable for all those with responsibility for using, handling, transporting and storing hazardous substances.

