

DRIVING SAFETY

Introduction

Many people don't take any further driving courses once their test has been passed. Many employees are now expected to drive as part of their job, it's important that all employees are aware of the risks and hazards to come with driving for work.

Course Overview

At the end of the course, trainees will be able to:

- Plan your journey and understand what to look for
- Recognise the correct driver attitude and what distracts drivers
- Understand what steps to take during breakdowns and emergencies
- Be aware of your pre-journey checks and cockpit procedure
- Recognise the different hazards between driving in towns, cities, on rural roads and motorways
- Identify the hazards that poor weather and lighting brings to your journey.

Course chapters

1. Driving Awareness

In this section, we'll cover route planning, driver attitude, distracted driving and collisions and breakdowns.

2. Pre-Journey Checks

In this section, we'll cover pre-journey checks, the cockpit procedure and safety equipment

3. On the Road

In this section, we'll cover towns and cities, rural roads and motorways and weather and lighting.

Who will it benefit?

This course is ideal for workers who are required to drive as part of their work or during their working day. This course will make the trainee appreciate the benefits of preparing for their journey ensuring the vehicle is checked regularly and how using a common-sense approach along the journey will help them reach their destination safely.

