

# HEALTH & SAFETY FOR CLEANERS



## Introduction

From occupational dermatitis to musculoskeletal disorders, those who work in the cleaning industry can be exposed to a variety of different risks and hazards on a daily basis. This course provides information that can help cleaners to identify, assess and respond to the risks involved in their work.

## Course Overview

At the end of the course, trainees will be able to:

- » Understand why cleaners are at risks
- » Identify if there is a problem
- » Understand cleaning risk assessments
- » Recognise the various risks and hazards to cleaners
- » Understand GHS symbols and Safety Data Sheets
- » Use PPE correctly.

## Course chapters

### 1. Health and Safety for Cleaners

Learn why cleaners are at risk, how to know if there is a problem and what to do if symptoms occur.

### 2. Risk Assessment

Discover what a risk assessment is and the responsibilities involved. safety and PAT testing.

### 3. Recognising Risks

Understand the risks involved with manual handling, slips, trips and falls and working at height. Find out more about COSHH, occupational dermatitis and injuries to the back and upper limbs.

### 4. Cleaning Equipment

Learn about cleaning agents, warning signs and safety data sheets, PPE and electrical equipment.

## Who will it benefit?

This course covers the risks involved in the cleaning industry within different working environments and will benefit anyone is responsible for carrying out cleaning duties.

