

LIFT TRUCK SAFETY



Introduction

The most common types of vehicles that are involved in accidents at work are lift trucks and more than a fifth of non-fatal workplace transport injuries involve a lift truck. This course looks at the main risks when using a lift truck and a guide for their safe use and inspection.

Course Overview

At the end of the course, trainees will be able to:

- Understand why we use lift trucks
- Recognise all the key features of your lift truck
- Conduct a daily vehicle inspection
- Start and move your lift truck safely
- Recognise the risks around your workplace
- Understand the importance of staying visible

Course chapters

1. Introduction to Lift Trucks.

This section will cover why we use lift trucks, the common features of a lift truck and the PUWER and LOLER Regulations.

2. The Operator.

This section will cover the importance of the operator being fit for work, the three types of lift truck training and monitoring and assessments.

3. Safe Use of Lift Trucks

This section of the course provides guidance on daily vehicle inspections, starting and moving the lift truck, the lifting and transporting of loads and refuelling.

4. Your Workplace Environment

In this final section you'll cover the common risks and hazards associated with lift trucks, the importance of staying visible, pedestrians and safety signs.

Who will it benefit?

This course is designed for anyone who needs to learn more about the safe use of lift trucks.

