

# NOISE AWARENESS



## Introduction

Many working environments present risks to workers hearing. With 1 in 6 people in the UK have some form of hearing loss- don't let your work be a cause of it.

## Course Overview

At the end of the course trainees will be able to:

- » Understand what noise is
- » Understand the Control of Noise at Work Regulations 2005
- » Recognise noise problems
- » Assess and control risks
- » Understand how noise is controlled
- » Recognise different types of hearing protection.

## Course chapters

### 1. Noise - an introduction

Find out what exactly noise is, how we hear sounds and learn about the Control of Noise at Work Regulations 2005.

### 2. Noise in the Workplace

Understand how noise in the workplace causes hearing damage, the importance of noise risk assessments and reducing noise exposure.

### 3. Controlling Exposure and Hearing Protection

Ways in which exposure to noise can be reduced through hearing protection and the importance of health surveillance, information and training.

## Who will it benefit?

If you or your employees are regularly exposed to noise, then this course will provide the key information to protect hearing.

