

# SLIPS, TRIPS & FALLS



## Introduction

Slips, trips and falls are the most common cause of major injuries at work across almost all workplaces. Awareness of the risks, hazards and staff responsibilities can help to prevent these incidents.

## Course Overview

At the end of the course trainees will be able to:

- » Define slips, trips and falls
- » Recognise the costs
- » Know how to prevent slips, trips and falls
- » Identify slip, trip and fall hazards around your workplace
- » Understand employer and employee responsibilities.

## Course chapters

### 1. Slips, Trips and Falls

Identify slips, trips and falls, common injuries, the main causes and how to manage health and safety at work.

### 2. Main Causes of Slips, Trips and Falls

Learn about the causes of slips, trips and falls and how to identify hazards.

### 3. Preventing Slips, Trips and Falls

Discover how to avoid slips, trips and falls, employer and employee responsibilities and the importance of cleaning.

## Who will it benefit?

Those who work in an environment that creates a risk of slips, trips or falls will benefit from this course.

